

MRI "MAGNETIC RESONANCE IMAGING"

TIMES, OCTOBER 9, 2003

This Year's
Nobel Prize
in Medicine



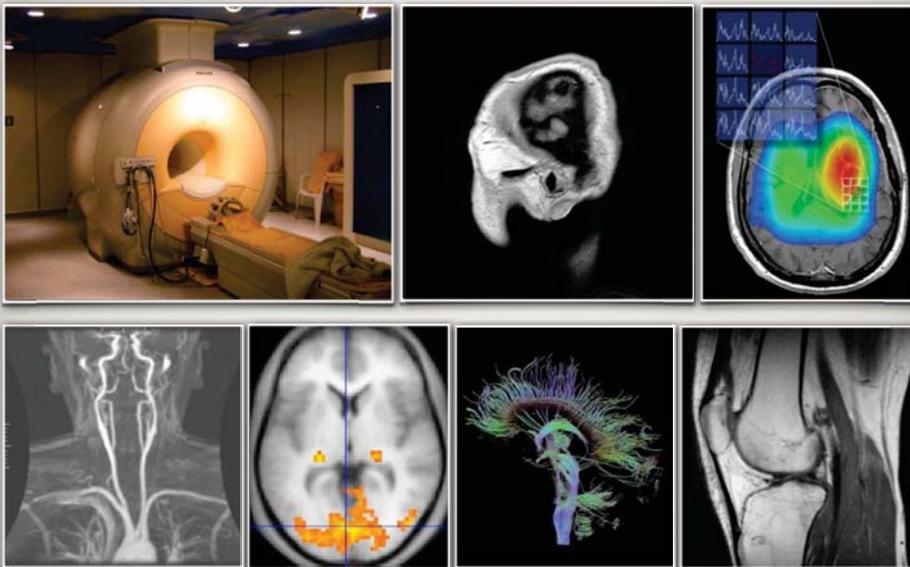
The Shameful Wrong That Must Be Righted

This year the committee that awards The Nobel Prize for Physiology or Medicine did the one thing it has no right to do: it ignored the truth. Eminent scientists, leading medical textbooks and the historical facts are in disagreement with the decision of the committee. So is the U. S. Patent Office. Even Alfred Nobel's will is in disagreement. The committee is attempting to rewrite history.

The Nobel Prize Committee to Physiology or Medicine chose to award the prize, not to the medical doctor/research scientist who made the breakthrough discovery on which all MRI technology is based, but to two scientists who later made technological improvements based on his discovery.

WHAT EMINENT SCIENTISTS AND AUTHORS SAY

MRI IS A REVOLUTIONARY DEVICE



MRI

- History
- Fundamental processes
(nuclear spin, precession, resonance, excitation-relaxation)
- Imaging I: spatial encoding
- Imaging II: contrast
- Contrast agents
- Artifacts
- Dangers, contraindications
- Applications, future trends

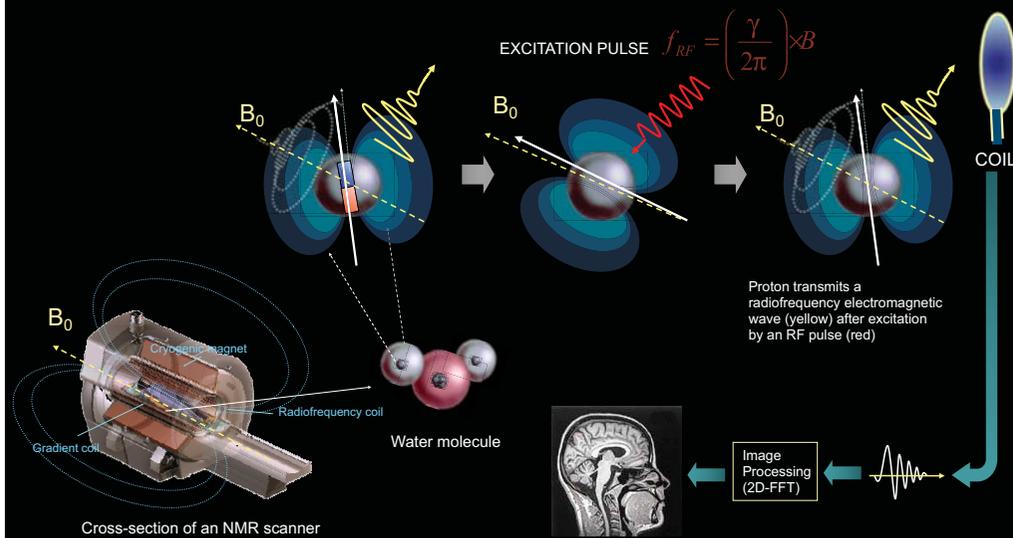
MRI IS A NON-INVASIVE TOMOGRAPHIC METHOD



MRI HISTORY

- 1970 - Raymond Damadian: T1 and T2 relaxations of neoplastic and normal tissues are different.
- 1972 - Raymond Damadian: US patent
- 1973 - Paul Lauterbur: 2D MR imaging method
- 1974 - Peter Mansfield: 3D MR imaging method
- 1977 - Raymond Damadian: first MR scanner ("focused field" method)
- 2003 - Nobel-prize: Lauterbur, Mansfield
- NMR: method which has received the most Nobel-prizes (6)
Otto Stern (1942), Isidor Rabi (1944), Felix Bloch, Edward Purcell (1952), Richard Ernst (1991), Kurt Wüthrich (2002)

NUCLEAR MAGNETIC RESONANCE IMAGING: BASIC PRINCIPLE



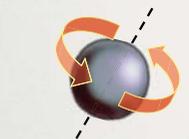
ATOMIC NUCLEI WITH NUCLEAR SPIN: ELEMENTARY MAGNETS



Otto Stern

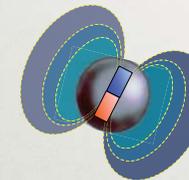


W. Gerlach



Atomic nuclei have mass:

$$m_{\text{proton}} = 1,67 \cdot 10^{-24} \text{ g}$$



Atomic nuclei carry angular momentum:

$$L = \sqrt{l(l+1)} \hbar$$

$l = \text{spin quantum number}$

Atomic nuclei carry charge:

$$q_{\text{proton}} = 1,6 \cdot 10^{-19} \text{ C}$$

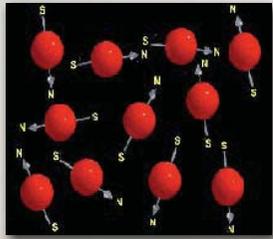


Atomic nuclei possess magnetic moment:

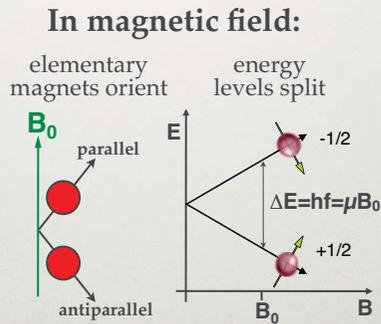
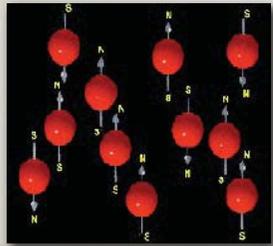
$$\mu_i = \gamma L$$

$\gamma = \text{gyromagnetic ratio}$
 $L = \text{angular momentum}$

NUCLEAR MAGNETIC RESONANCE (NMR)



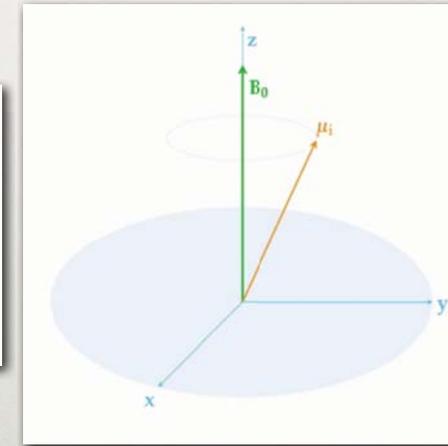
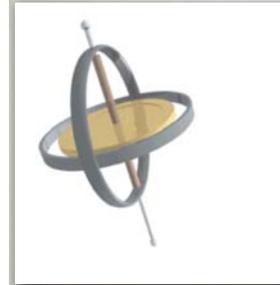
In absence of magnetic field:
random orientation of elementary magnets



Edward Purcell, 1946

Useful nuclei in MRI: ^1H , ^{13}C , ^{19}F , ^{23}N , ^{31}P

NUCLEAR MAGNETIC RESONANCE: SPIN PRECESSION



Precession or Larmor frequency:

$$\omega_0 = \gamma B_0$$

$$f_{Larmor} = \frac{\gamma}{2\pi} B_0$$

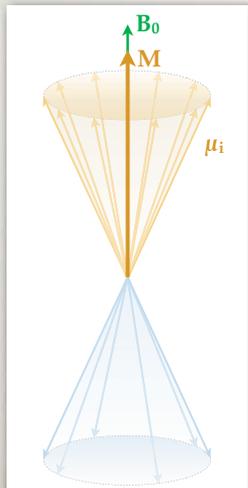


Felix Bloch, 1946

NET MAGNETIZATION

DUE TO SPIN ACCESS IN DIFFERENT ENERGY STATES

Low energy state
parallel in case of proton



B_0 = magnetic field
 M = net magnetization

High energy state
antiparallel in case of proton

Ratio of magnetic spins in high- (antiparallel) and low-energy (parallel) states:

$$\frac{N_{antiparallel}}{N_{parallel}} = e^{-\frac{\Delta E}{k_B T}}$$

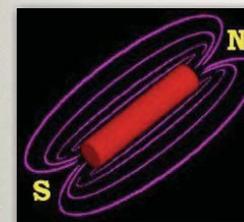
Boltzmann distribution

Magnetic field in MRI:
20-50 thousand times that of the Earth's
magnetic field

EXCITATION

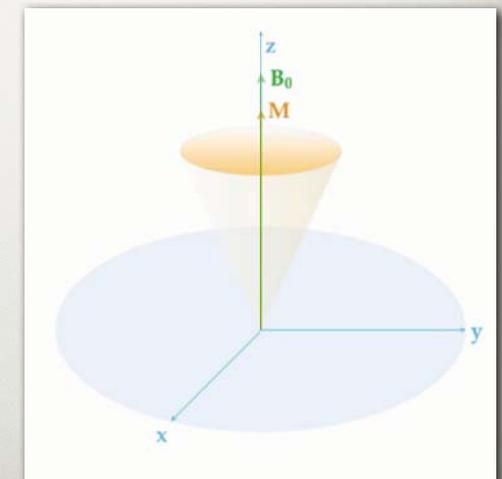
USING RADIO FREQUENCY RADIATION

Resonance condition: Larmor frequency



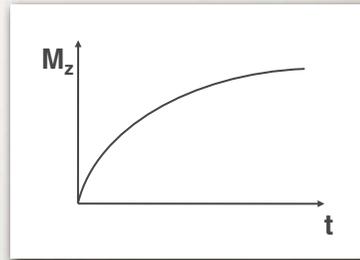
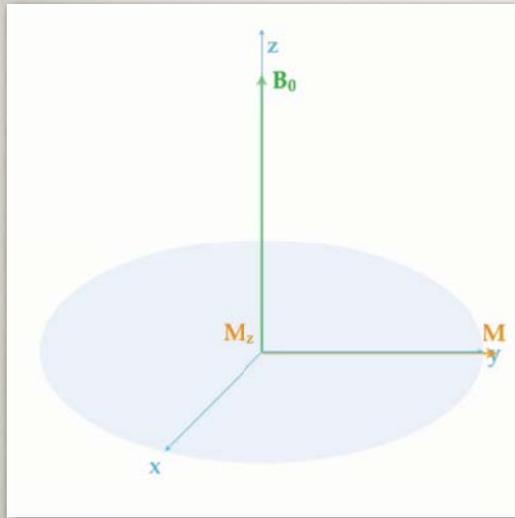
B_0 = magnetic field
 M = net magnetization
 B_1 = irradiated radio frequency wave

Electromagnetic radiation in MRI:
Radio waves



SPIN-LATTICE RELAXATION

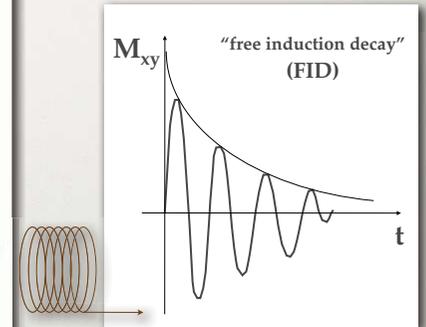
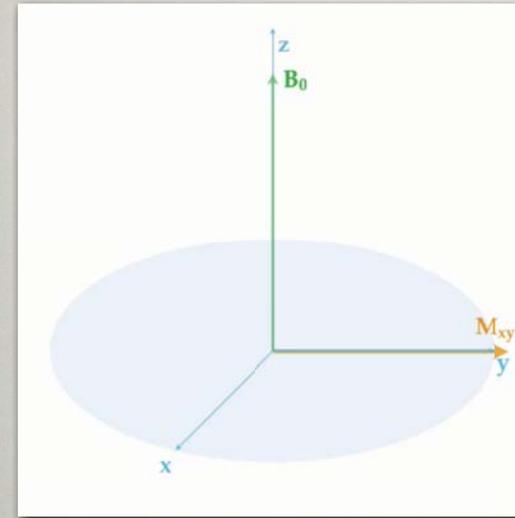
T1 OR LONGITUDINAL RELAXATION



T1 relaxation time:
depends on interaction
between elementary magnet (proton)
and its environment

SPIN-SPIN RELAXATION

T2 OR TRANSVERSE RELAXATION



T2 relaxation time:
depends on interaction between
elementary magnets (protons)

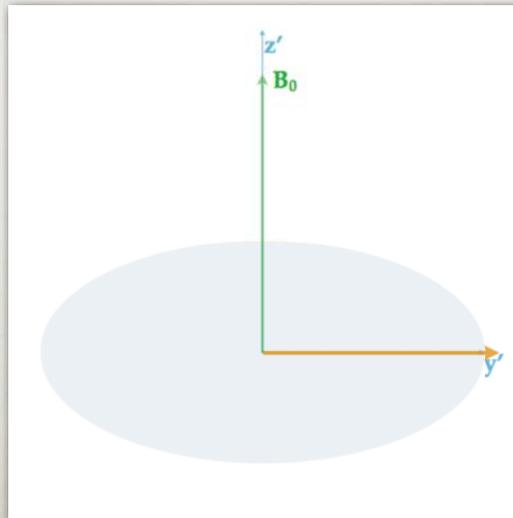
SPIN-SPIN RELAXATION

T2 OR TRANSVERSE RELAXATION

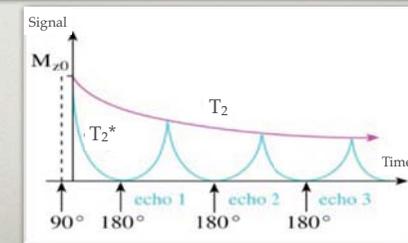
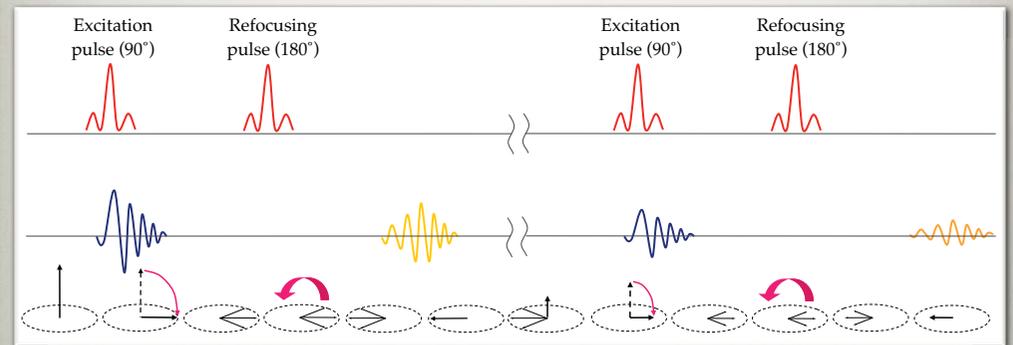
Repetitive pulses of excitation and subsequent relaxation: spin-echo sequence



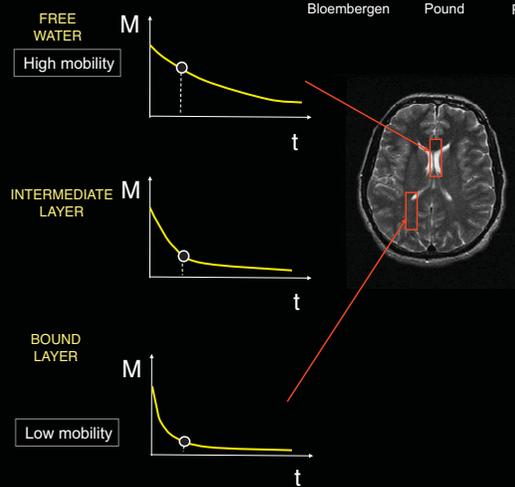
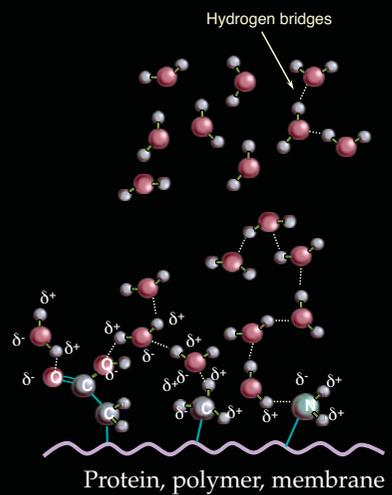
Erwin Hahn, 1949



THE SPIN-ECHO EXPERIMENT

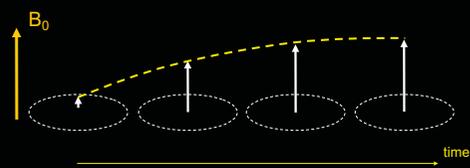
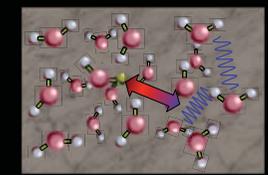


CONTRAST IN MR IMAGES IS DETERMINED BY THE INTERACTION OF SPIN SYSTEMS



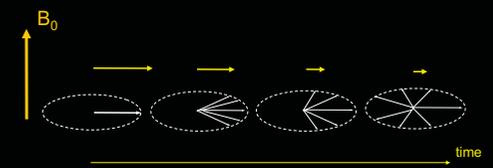
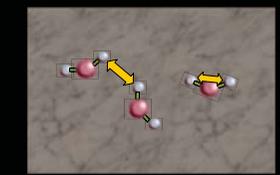
NUCLEAR MAGNETIC RESONANCE IMAGING: TWO IMPORTANT RELAXATION MECHANISMS

Spin-lattice relaxation **T1**



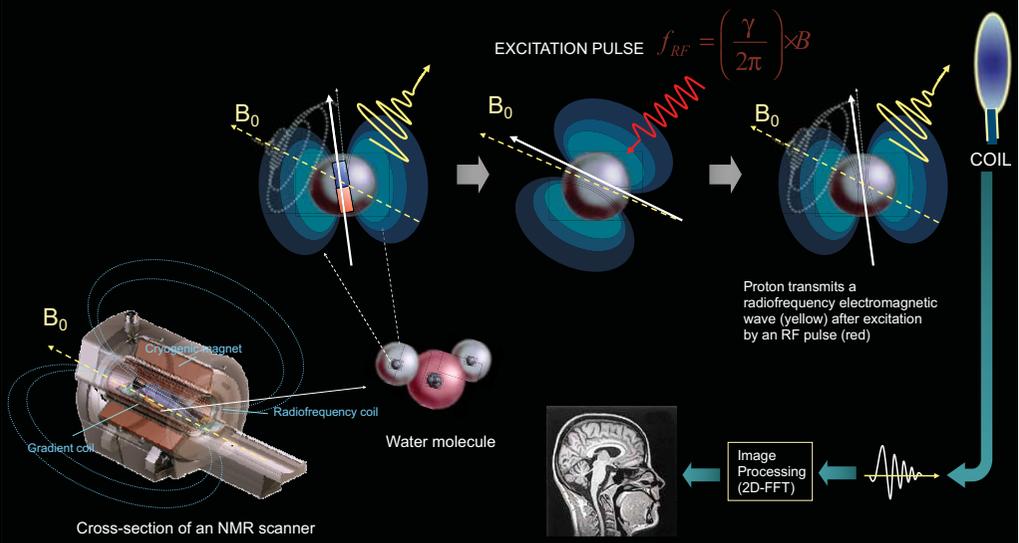
- Restoration of longitudinal magnetization
- Energy transferred to lattice (phonons)
- Entropy increases
- Repopulation of spins between spin energy levels
- Interactions with magnetic field fluctuations at Larmor frequency

Spin-spin relaxation **T2**

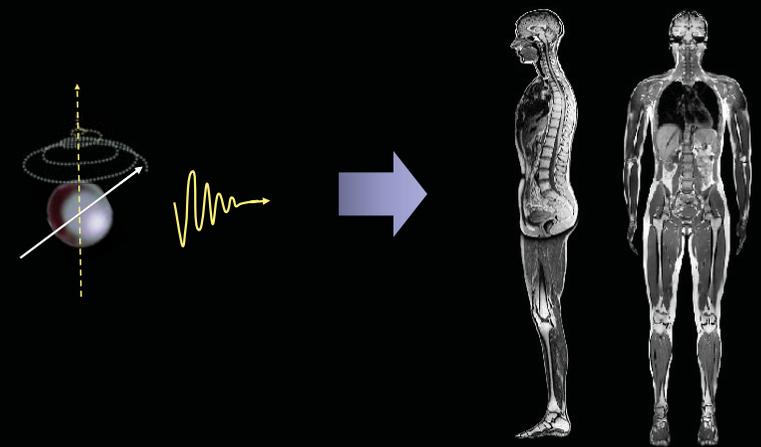


- Dephasing of transverse magnetization
- Energy transferred between spins
- No entropy change of total spin system
- No repopulation of spins between spin energy levels
- Interactions with magnetic field fluctuations at low frequency

NUCLEAR MAGNETIC RESONANCE IMAGING: BASIC PRINCIPLE

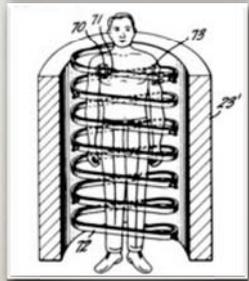
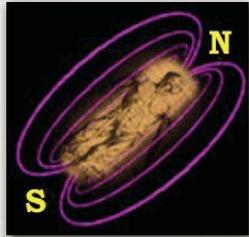


FROM NUCLEAR MAGNETIC RESONANCE SIGNAL TO MAGNETIC RESONANCE IMAGING



MRI:

NET MAGNETIZATION OF THE HUMAN BODY IS GENERATED



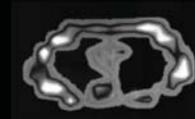
"Indomitable"

FIRST NMR EXPERIMENTS IN VIVO

Downstate Medical Center - Brooklyn, 1972



Raymond V. Damadian

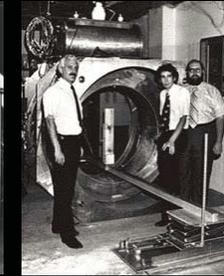
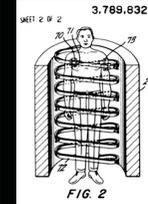


First MRI scan

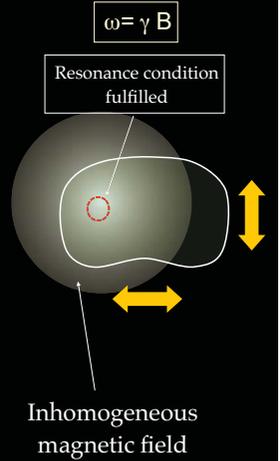
United States Patent (19)
Damadian

[54] APPARATUS AND METHOD FOR DETECTING CANCER IN TISSUE
 [76] Inventor: Raymond V. Damadian, 64 Short Hill Rd., Forest Hill, N.Y. 11375
 [22] Filed: Mar. 17, 1972
 [21] Appl. No.: 235,624

[52] U.S. Cl.: 128/2 R, 128/2 A, 324/5 R
 [51] Int. Cl.: A61b 5/05
 [58] Field of Search: 128/2 R, 2 A, 1 S, 324/5 A, 324/5 B



1970: detection of lengthened relaxation times in cancerous tissues
 1972: theoretical development of human in vivo 3D NMR
 1977: first human MRI image

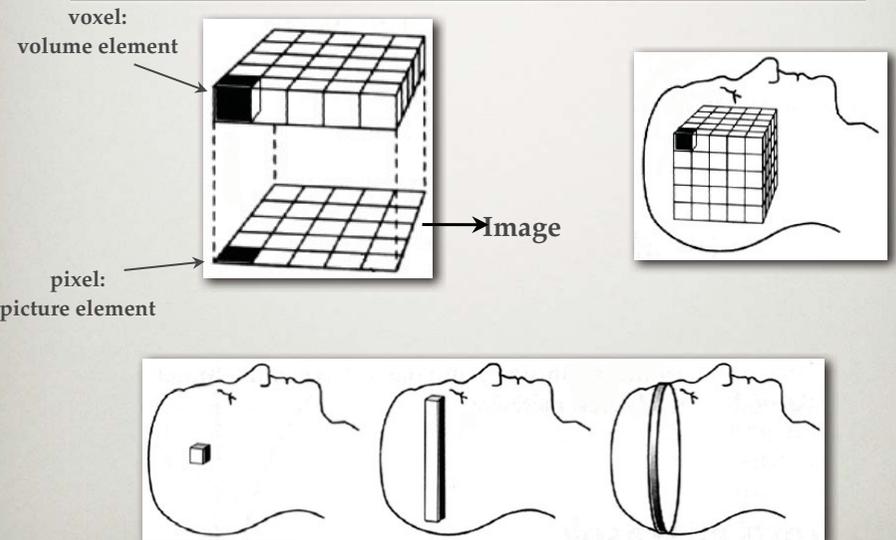


PAUL C. LAUTERBUR (1929-)

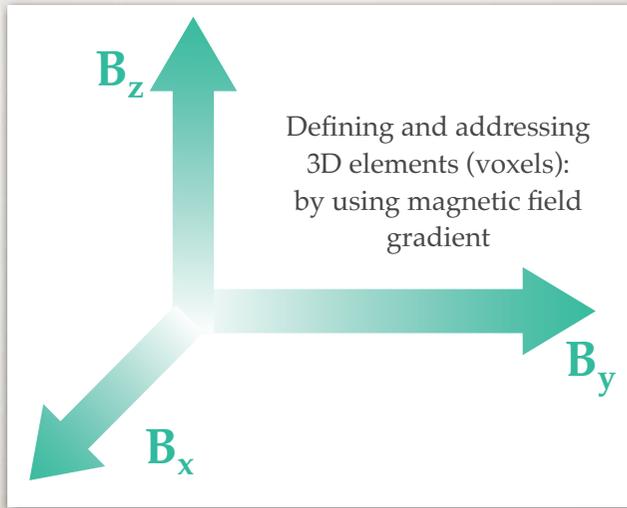


Development of spatially resolved NMR

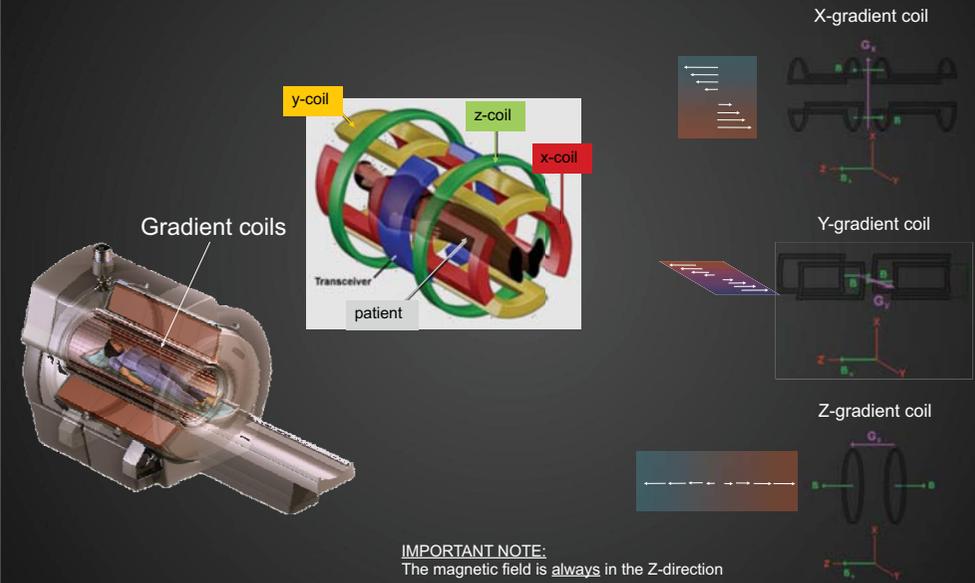
MRI IMAGING I: SPATIAL ENCODING



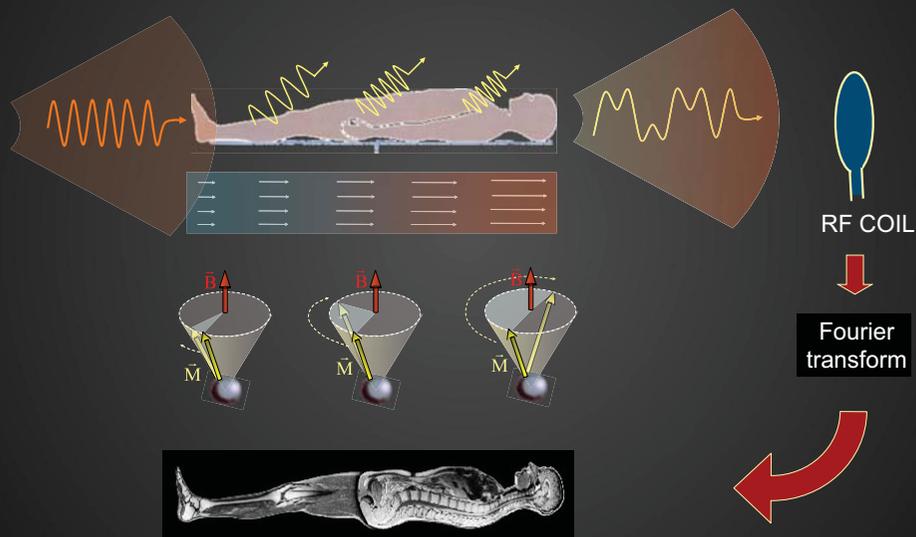
MRI IMAGING I: SPATIAL ENCODING



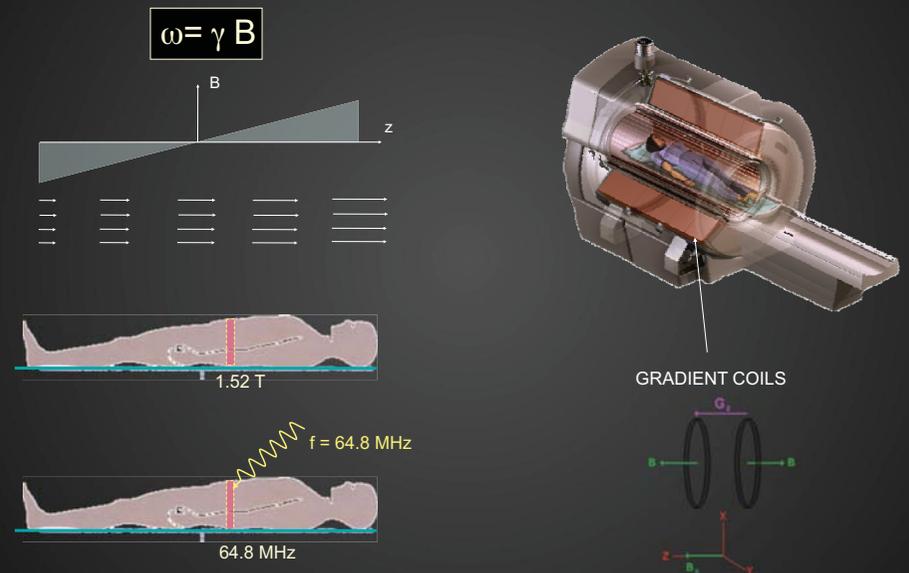
SPATIAL ENCODING OF THE NMR SIGNAL: IMAGING GRADIENTS



SPATIAL ENCODING OF THE NMR SIGNAL IS BASED ON FREQUENCY CHANGES IN THE PRECESSION



SPATIAL ENCODING: SLICE SELECTION



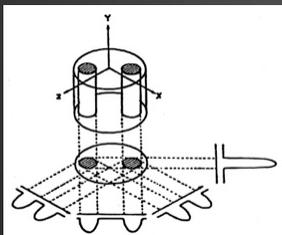
NMR SCANNER WITH BACKPROJECTION



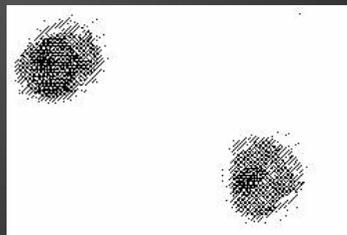
Paul Lauterbur, 1973
Illinois



Peter Mansfield, 1973
Nottingham



Nature 242, (1973), 190-191



Nobel prize for physiology and medicine (Lauterbur & Mansfield) in 2003

NMR SCANNER WITH 2D FOURIER TRANSFORMATION



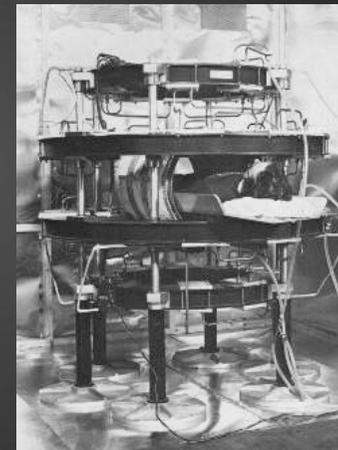
Richard Ernst, 1974
Zürich

NMR Fourier Zeugmatography

ANIL KUMAR, DIETER WELTI, AND RICHARD R. ERNST
*Laboratorium für Physikalische Chemie, Eidgenössische Technische Hochschule,
8006 Zürich, Switzerland*

Received August 2, 1974

A new technique of forming two- or three-dimensional images of a macroscopic sample by means of NMR is described. It is based on the application of a sequence of pulsed magnetic field gradients during a series of free induction decays. The image formation can be achieved by a straightforward two- or three-dimensional Fourier transformation. The method has the advantage of high sensitivity combined with experimental and computational simplicity.



Nobel prize for chemistry in 1991

The first MRI scanners ...



Interventional MRI unit



Open MRI unit



Mobile MRI unit



... and recent ones

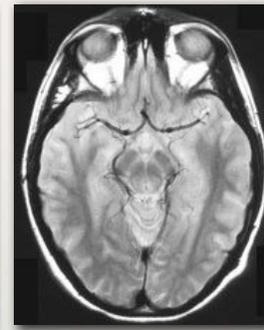
MRI IMAGING:

COLOR RESOLUTION (CONTRAST)

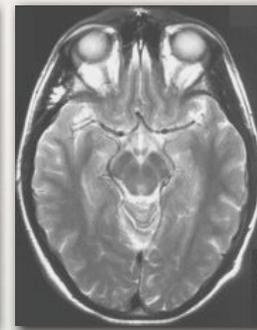
BASED ON SPIN DENSITY AND RELAXATION TIMES



T1-weighting

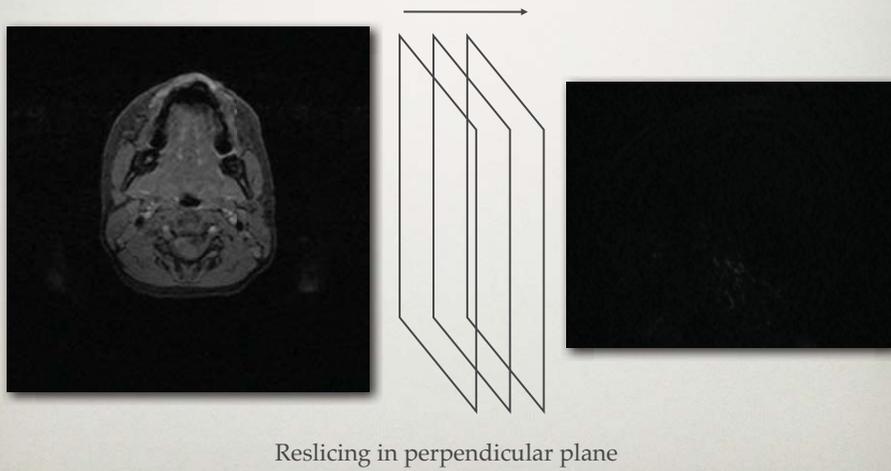


Proton density-weighting

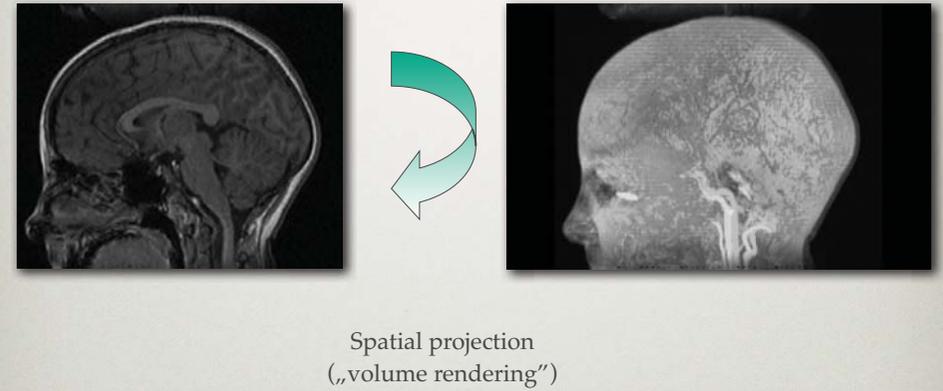


T2-weighting

MRI: IMAGE MANIPULATION I



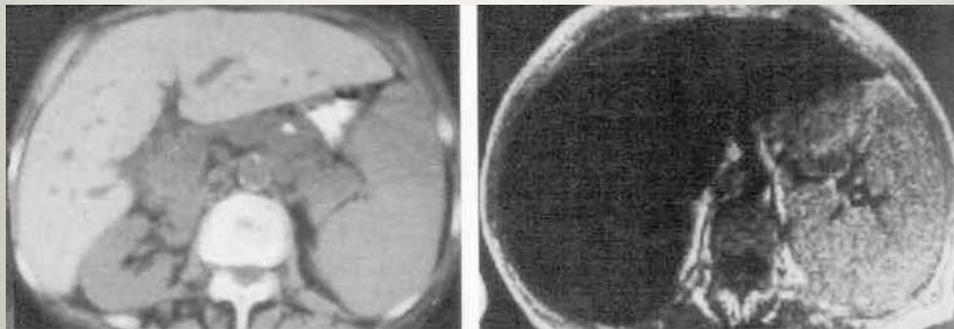
MRI: IMAGE MANIPULATION II



CONTRAST AGENTS

Positive: paramagnetic elements (T1 contrast): Gd, Mn

Negative: superparamagnetic, ferromagnetic (T2 contrast): FeIII, MnII



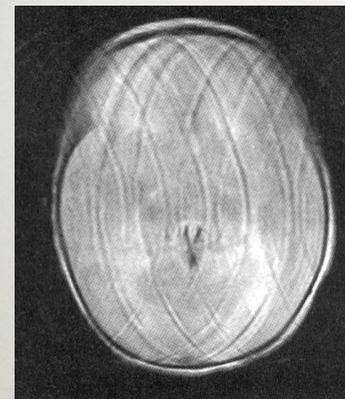
CT

Haemochromatosis hepatis

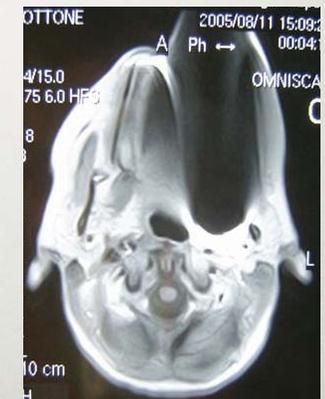
MR T2

ARTIFACTS

- Motion
- Metals (implants, injury)



Motion artifact



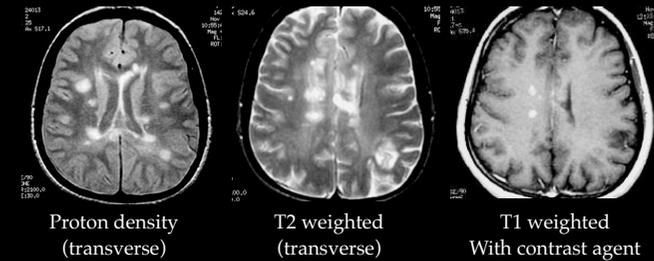
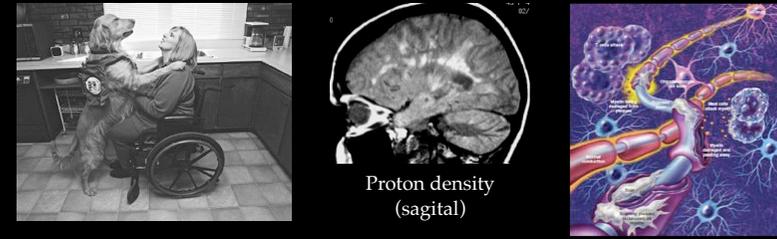
Metal in the orbit of the eye

DANGERS, CONTRAINDICATIONS

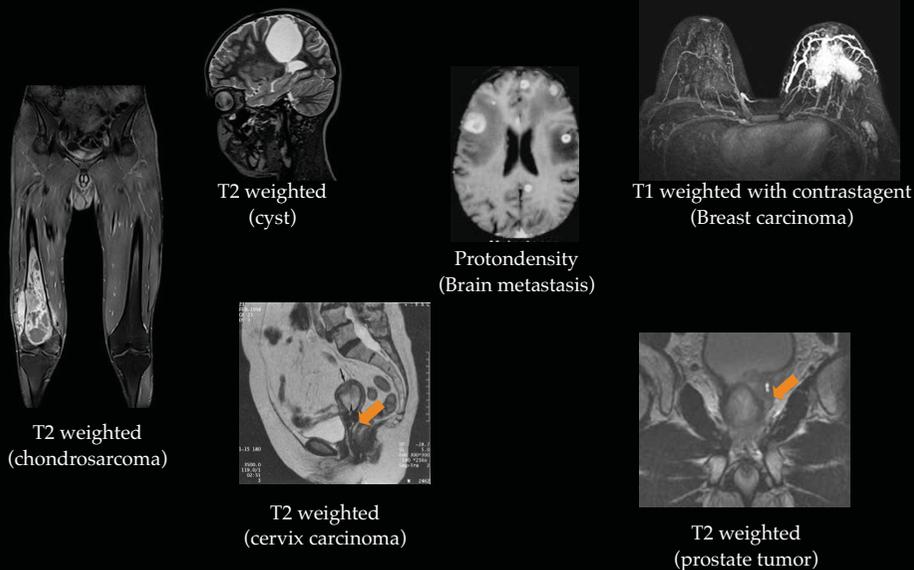
- Static magnetic field - metal objects
Contraindications: implanted devices (pacemaker, defibrillator, hearing aids, drug delivery devices), neurostimulators, brain aneurysm clamps, early cardiac valve implants
- Gradient field - induced current
- Radio frequency field - thermal effects (lens, testis)



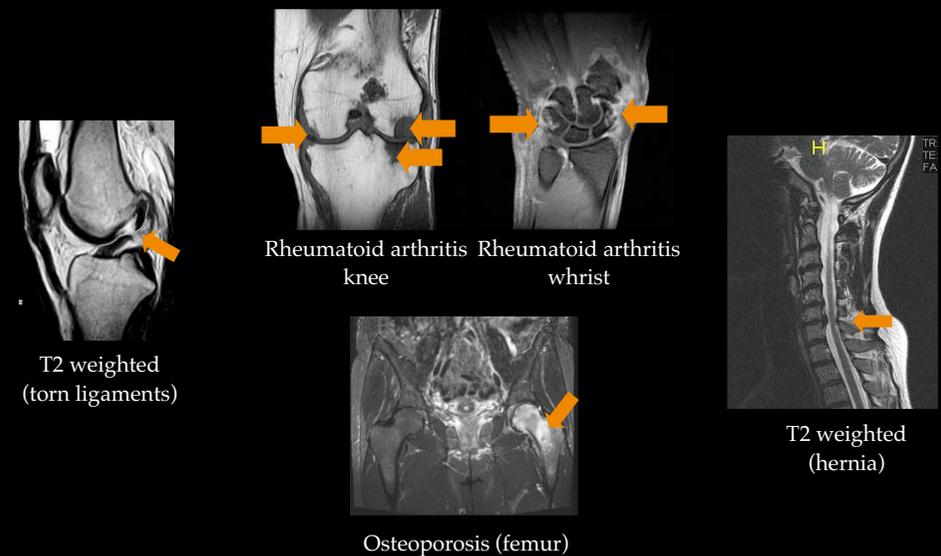
ANATOMICAL IMAGING: MULTIPLE SCLEROSIS



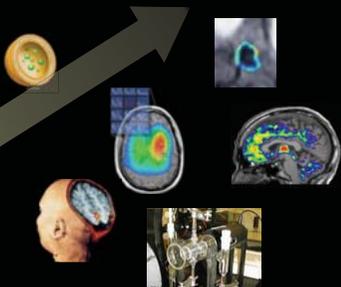
ANATOMICAL IMAGING: ONCOLOGY



ANATOMICAL IMAGING BONE AND SOFT TISSUE

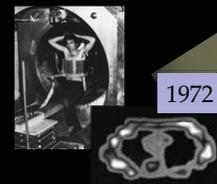


THERE IS MORE TO MRI THAN ANATOMICAL IMAGING ...



2008

1972



First NMR images

'State of the art'

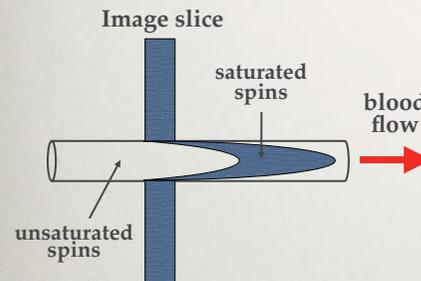
- 3D images
- dynamic images
- sharp image resolution

In research phase

- quantitative imaging
- cell-specific contrast agents
- hyperpolarized MRI
- in vivo spectroscopy
- functional imaging
- 'multimodality' imaging

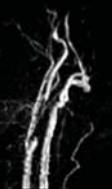
MRI:

NON-INVASIVE ANGIOGRAPHY

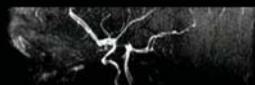


MRI:

NON-INVASIVE ANGIOGRAPHY



arteria carotis



Circulus arteriosus Willisii

MRI MOVIE

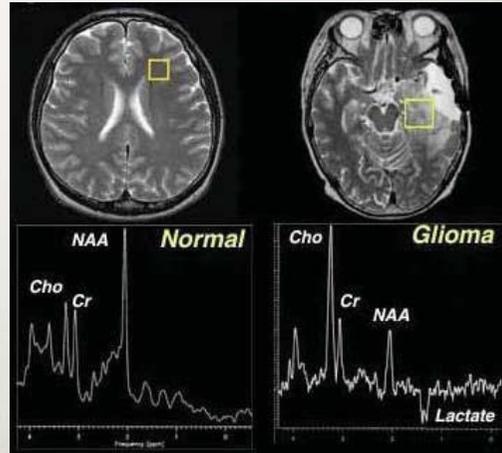
BASED ON HIGH TIME RESOLUTION IMAGES



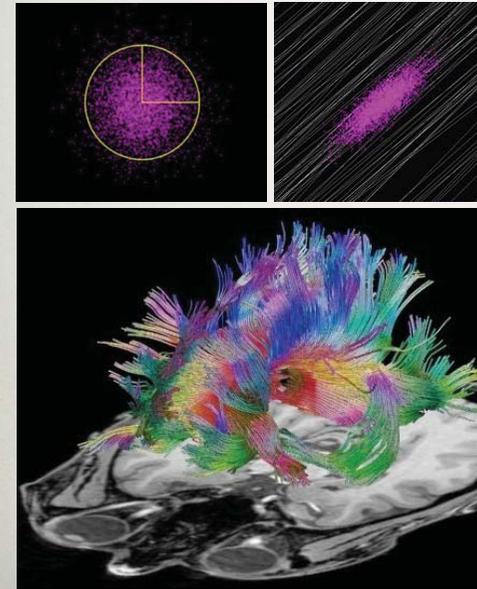
Opening and closing of aorta valve

MR SPEKTROSKOPY

- Chemical shift
- Identification of metabolites
- Tumor diagnostics



DIFFUSION IMAGING



Anisotropic water diffusion: contrast

Imaging neural tracts: tractography

Corpus callosum

FUNCTIONAL MRI (fMRI)

HIGH TIME RESOLUTION IMAGES RECORDED SYNCHRONOUSLY WITH PHYSIOLOGICAL PROCESSES



Activation in the acoustic cortex



Effect of light pulses on visual cortex

SUPERPOSITION OF MRI ON OTHER INFORMATION (PET)



SUPERIMPOSED MRI AND PET SEQUENCE



**PET activity: during eye movement
Volume rendering**