

# MRI “MAGNETIC RESONANCE IMAGING”

**TIMES, OCTOBER 9, 2003**

**This Year's  
Nobel Prize  
in Medicine**



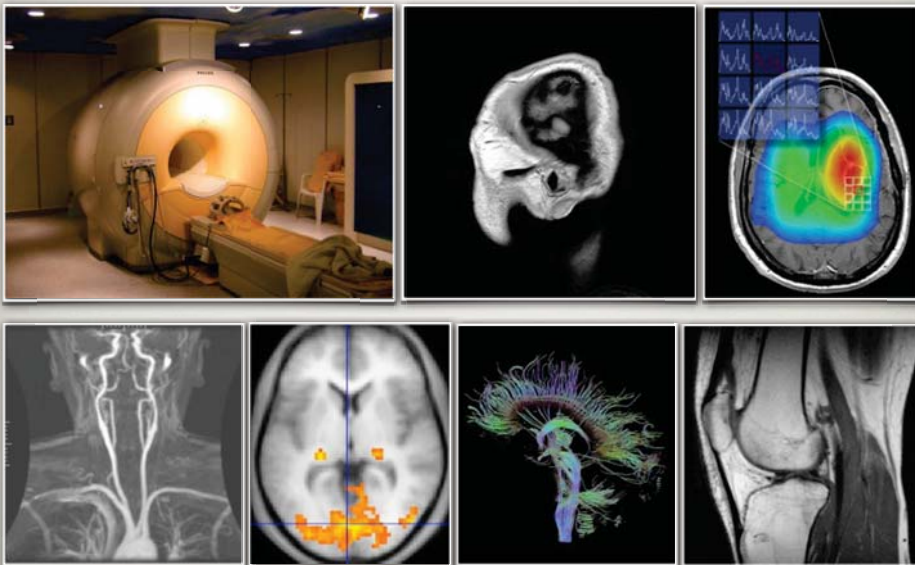
## The Shameful Wrong That Must Be Righted

This year the committee that awards The Nobel Prize for Physiology or Medicine did the one thing it has no right to do: it ignored the truth. Eminent scientists, leading medical textbooks and the historical facts are in disagreement with the decision of the committee. So is the U. S. Patent Office. Even Alfred Nobel's will is in disagreement. The committee is attempting to rewrite history.

The Nobel Prize Committee to Physiology or Medicine chose to award the prize, not to the medical doctor/research scientist who made the breakthrough discovery on which all MRI technology is based, but to two scientists who later made technological improvements based on his discovery.

**WHAT EMINENT SCIENTISTS AND AUTHORS SAY**

## MRI IS A REVOLUTIONARY DEVICE



## MRI

- History
- Fundamental processes  
(nuclear spin, precession, resonance, excitation-relaxation)
- Imaging I: spatial encoding
- Imaging II: contrast
- Contrast agents
- Artifacts
- Dangers, contraindications
- Applications, future trends

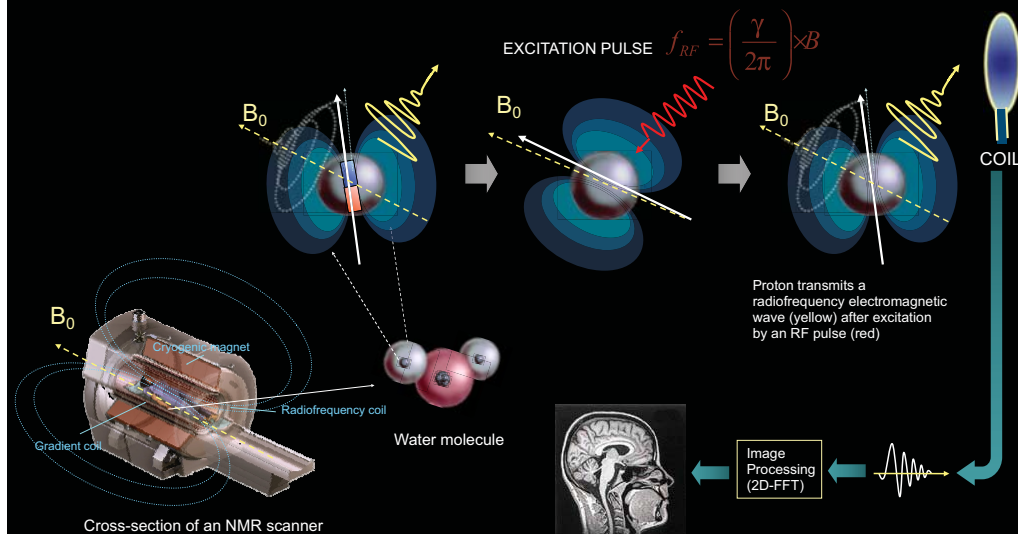
# MRI IS A NON-INVASIVE TOMOGRAPHIC METHOD



## MRI HISTORY

- 1970 - Raymond Damadian: T1 and T2 relaxations of neoplastic and normal tissues are different.
- 1972 - Raymond Damadian: US patent
- 1973 - Paul Lauterbur: 2D MR imaging method
- 1974 - Peter Mansfield: 3D MR imaging method
- 1977 - Raymond Damadian: first MR scanner ("focused field" method)
- 2003 - Nobel-prize: Lauterbur, Mansfield
- NMR: method which has received the most Nobel-prizes (6)  
Otto Stern (1942), Isidor Rabi (1944), Felix Bloch, Edward Purcell (1952), Richard Ernst (1991), Kurt Wüthrich (2002)

## NUCLEAR MAGNETIC RESONANCE IMAGING: BASIC PRINCIPLE



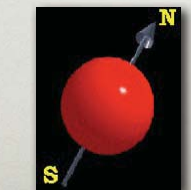
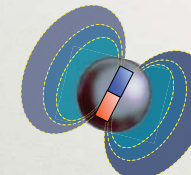
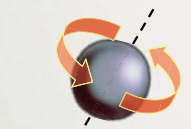
## ATOMIC NUCLEI WITH NUCLEAR SPIN: ELEMENTARY MAGNETS



Otto Stern



W. Gerlach



Atomic nuclei have mass:

$$m_{\text{proton}} = 1,67 \cdot 10^{-24} \text{ g}$$

Atomic nuclei carry angular momentum:

$$L = \sqrt{l(l+1)} \hbar$$

$l$  = spin quantum number

Atomic nuclei carry charge:

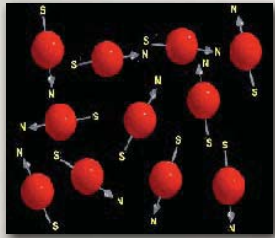
$$q_{\text{proton}} = 1,6 \cdot 10^{-19} \text{ C}$$

Atomic nuclei possess magnetic moment:

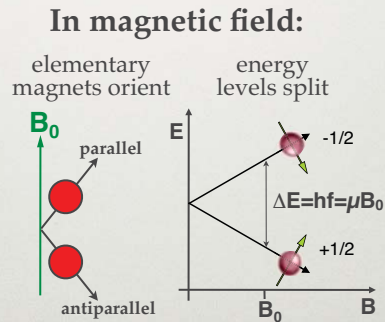
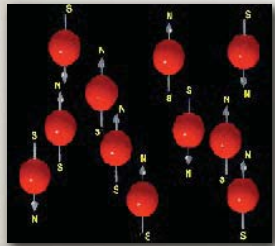
$$\mu_i = \gamma L$$

$\gamma$  = gyromagnetic ratio  
 $L$  = angular momentum

# NUCLEAR MAGNETIC RESONANCE (NMR)



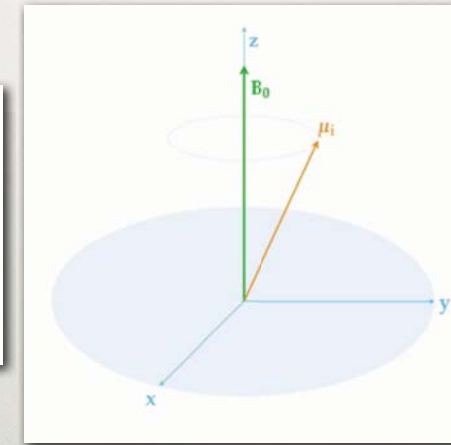
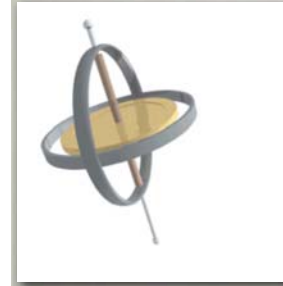
In absence of magnetic field:  
random orientation of elementary magnets



Edward Purcell, 1946

Useful nuclei in MRI:  $^1\text{H}$ ,  $^{13}\text{C}$ ,  $^{19}\text{F}$ ,  $^{23}\text{N}$ ,  $^{31}\text{P}$

# NUCLEAR MAGNETIC RESONANCE: SPIN PRECESSION



Precession or  
Larmor frequency:

$$\omega_0 = \gamma B_0$$

$$f_{\text{Larmor}} = \frac{\gamma}{2\pi} B_0$$

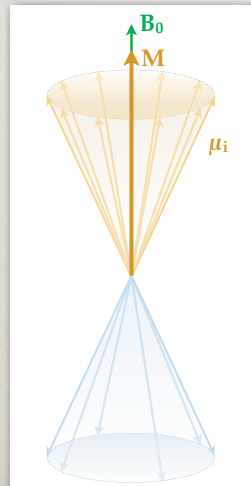


Felix Bloch, 1946

## NET MAGNETIZATION

DUE TO SPIN ACCESS IN DIFFERENT ENERGY STATES

Low energy state  
parallel in case of proton



High energy state  
antiparallel in case of proton

$B_0$  = magnetic field  
 $M$  = net magnetization

Ratio of magnetic spins in high-  
(antiparallel) and low-energy  
(parallel) states:

$$\frac{N_{\text{antiparallel}}}{N_{\text{parallel}}} = e^{-\frac{\Delta E}{k_B T}}$$

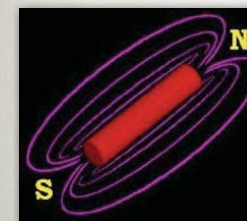
Boltzmann distribution

Magnetic field in MRI:  
20-50 thousand times that of the Earth's  
magnetic field

## EXCITATION

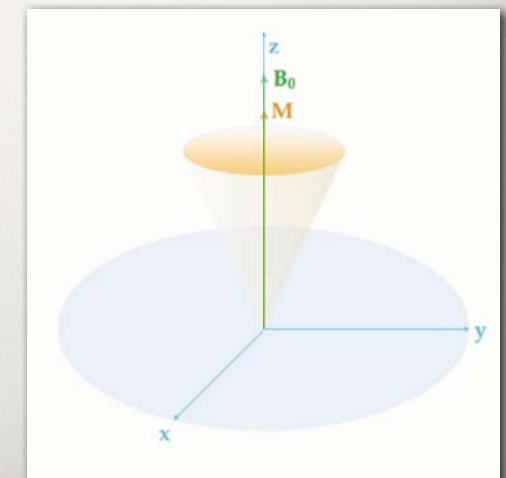
USING RADIO FREQUENCY RADIATION

Resonance condition: Larmor frequency



$B_0$  = magnetic field  
 $M$  = net magnetization  
 $B_1$  = irradiated radio frequency wave

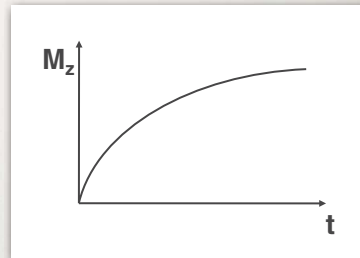
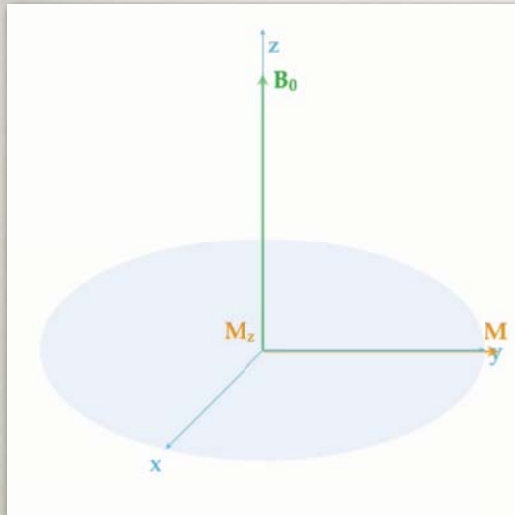
Electromagnetic radiation in  
MRI:  
Radio waves





# SPIN-LATTICE RELAXATION

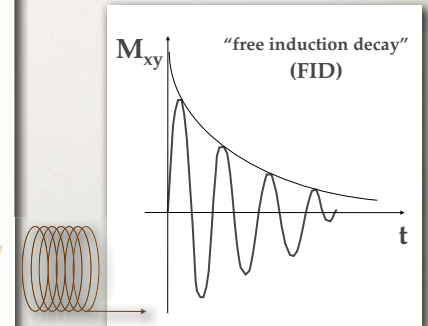
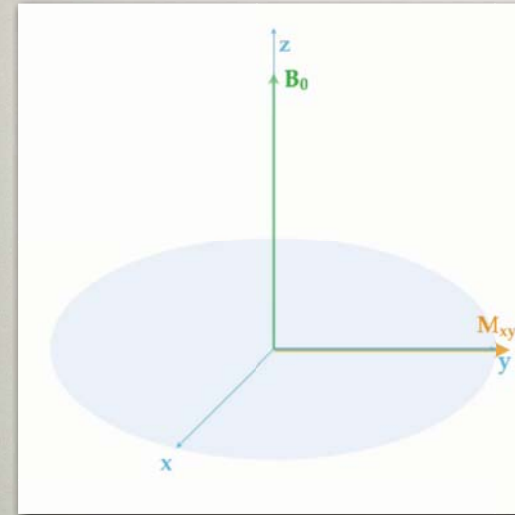
## T1 OR LONGITUDINAL RELAXATION



**T1 relaxation time:**  
depends on interaction  
between elementary magnet (proton)  
and its environment

# SPIN-SPIN RELAXATION

## T2 OR TRANSVERSE RELAXATION



**T2 relaxation time:**  
depends on interaction between  
elementary magnets (protons)

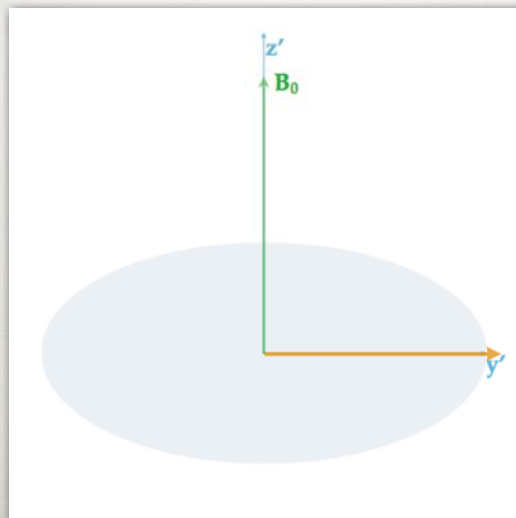
# SPIN-SPIN RELAXATION

## T2 OR TRANSVERSE RELAXATION

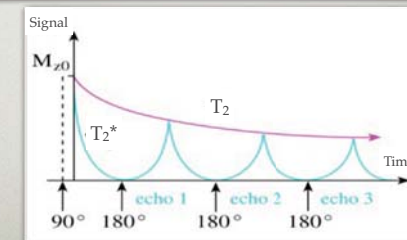
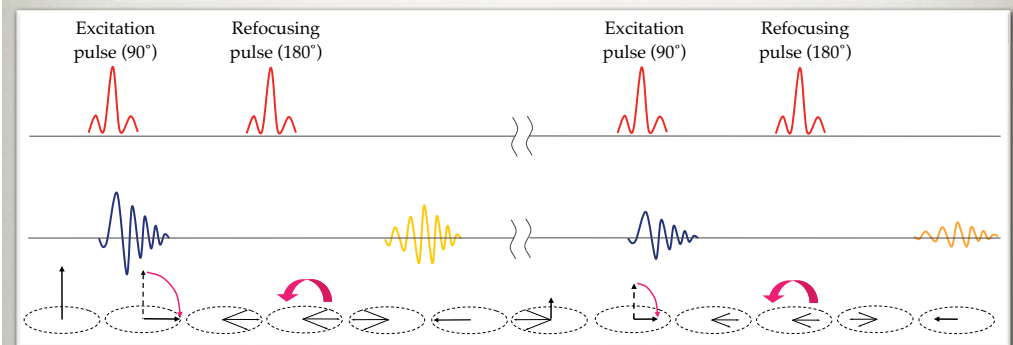
Repetitive pulses of excitation and subsequent relaxation: spin-echo sequence



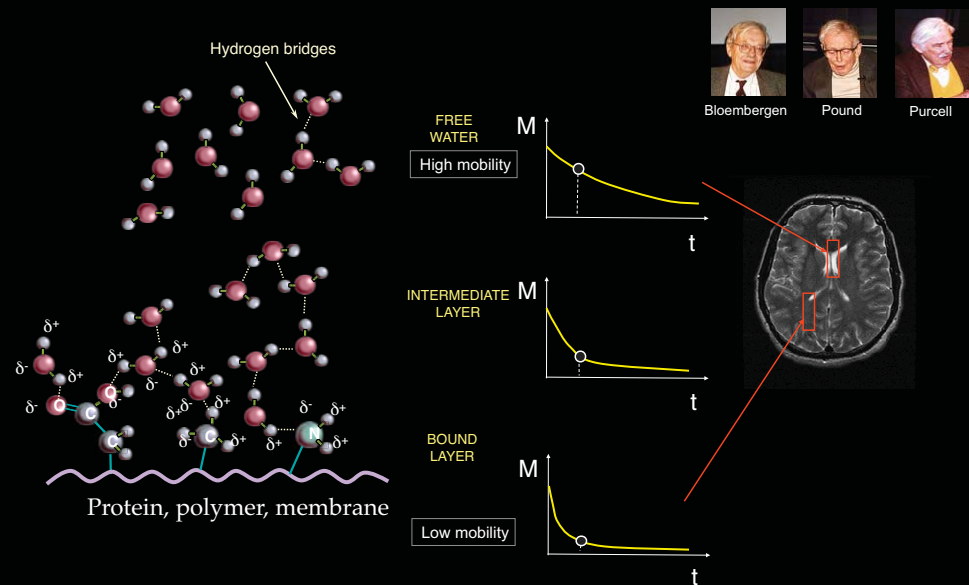
Erwin Hahn, 1949



# THE SPIN-ECHO EXPERIMENT



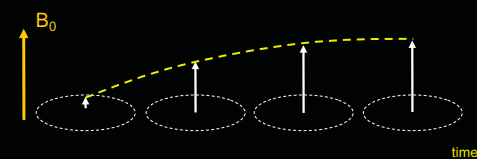
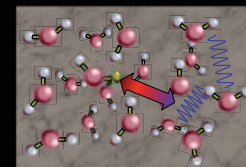
# CONTRAST IN MR IMAGES IS DETERMINED BY THE INTERACTION OF SPIN SYSTEMS



# NUCLEAR MAGNETIC RESONANCE IMAGING: TWO IMPORTANT RELAXATION MECHANISMS

Spin-lattice relaxation

T1



Restoration of longitudinal magnetization

Energy transferred to lattice (phonons)

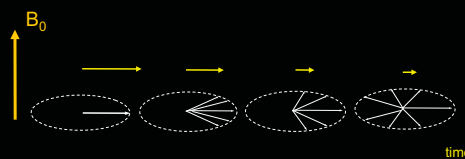
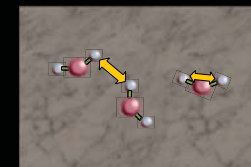
Entropy increases

Repopulation of spins between spin energy levels

Interactions with magnetic field fluctuations at Larmor frequency

Spin-spin relaxation

T2



Dephasing of transverse magnetization

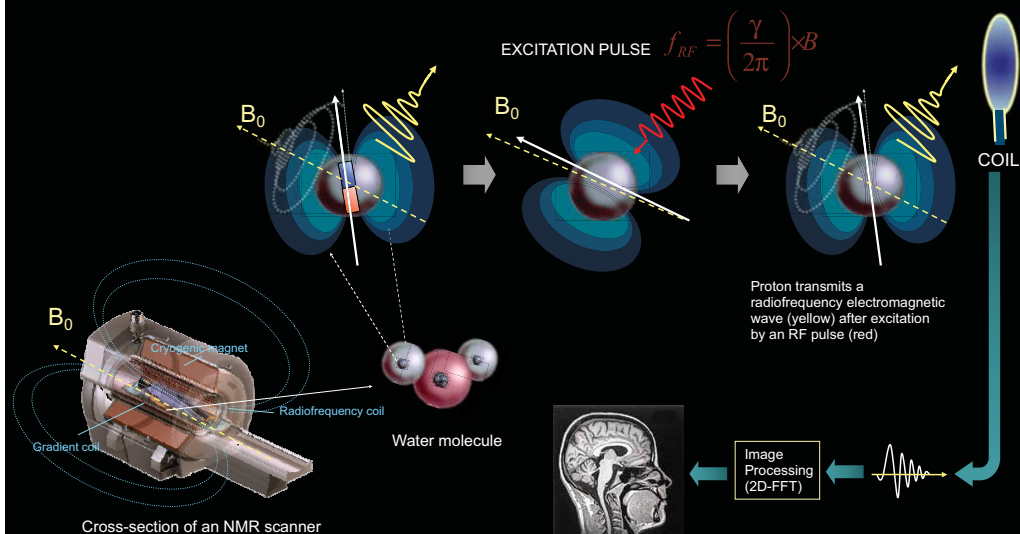
Energy transferred between spins

No entropy change of total spin system

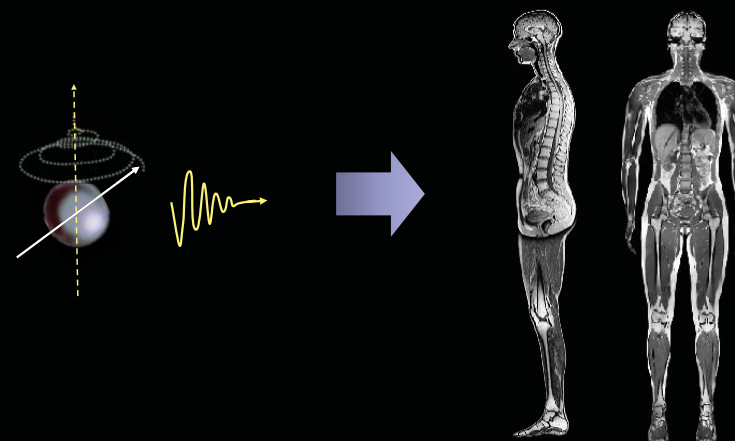
No repopulation of spins between spin energy levels

Interactions with magnetic field fluctuations at low frequency

# NUCLEAR MAGNETIC RESONANCE IMAGING: BASIC PRINCIPLE

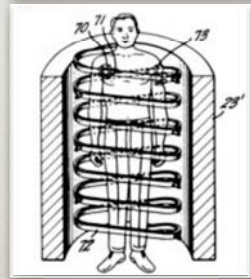
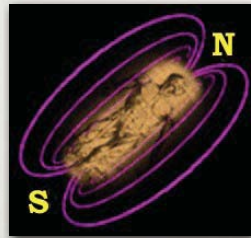


# FROM NUCLEAR MAGNETIC RESONANCE SIGNAL TO MAGNETIC RESONANCE IMAGING



# MRI:

NET MAGNETIZATION OF THE HUMAN BODY IS GENERATED



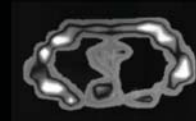
"Indomitable"

# FIRST NMR EXPERIMENTS IN VIVO

Downstate Medical  
Center - Brooklyn, 1972



Raymond V. Damadian



First MRI scan

**United States Patent** [19]  
**Damadian**

[54] APPARATUS AND METHOD FOR  
DETECTING CANCER IN TISSUE  
[76] Inventor: Raymond V. Damadian, 64 Short  
Hill Rd., Forest Hill, N.Y. 11375  
[22] Filed: Mar. 17, 1972  
[21] Appl. No.: 235,624

[52] U.S. Cl. .... 128/2 R, 128/2 A, 324/5 R  
[51] Int. Cl. .... A61b 5/05  
[56] Field of Search .... 128/2 R, 2 A, 1.5; 324/5 A, 324/5 B

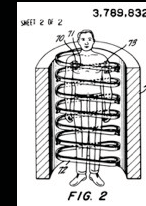
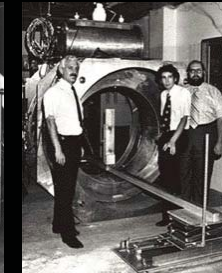


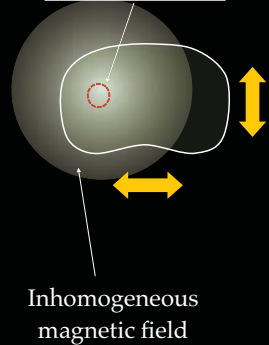
FIG. 2



1970: detection of lengthened relaxation times in cancerous tissues  
1972: theoretical development of human in vivo 3D NMR  
1977: first human MRI image

$$\omega = \gamma B$$

Resonance condition  
fulfilled



Inhomogeneous  
magnetic field

# PAUL C. LAUTERBUR (1929-)

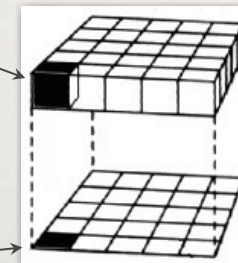


Development of spatially resolved NMR

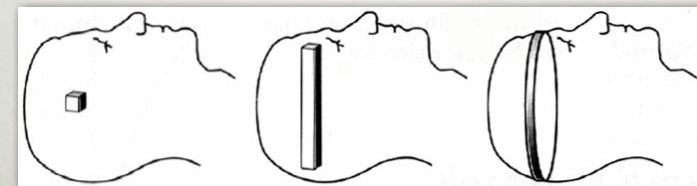
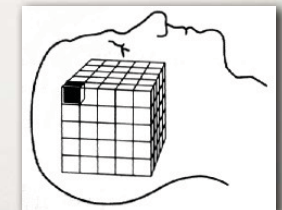
# MRI IMAGING I: SPATIAL ENCODING

voxel:  
volume element

pixel:  
picture element

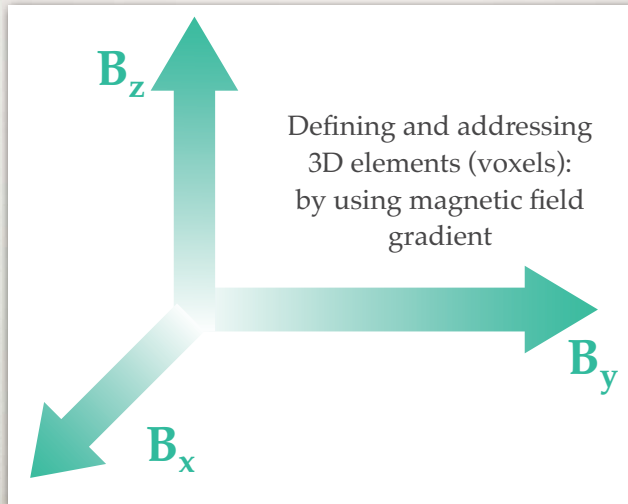


Image

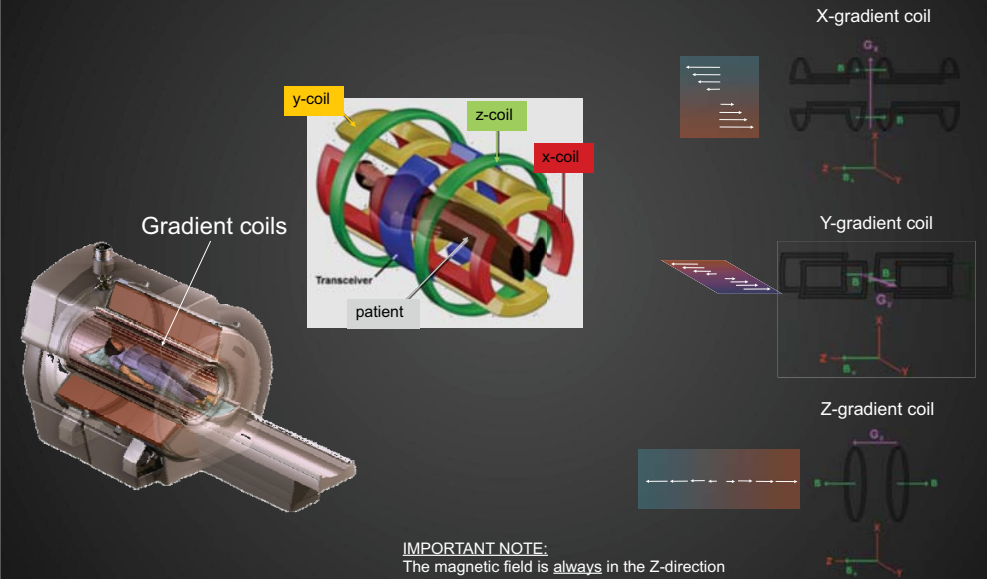




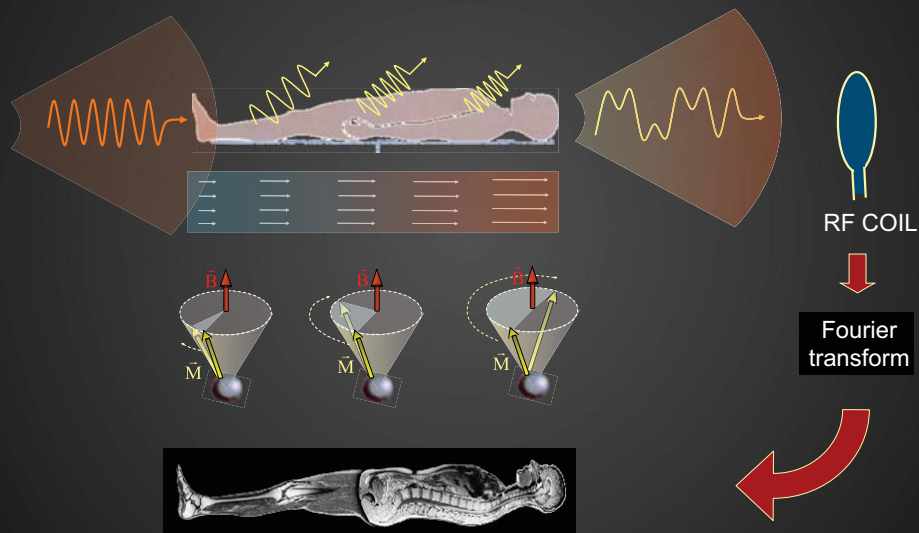
# MRI IMAGING I: SPATIAL ENCODING



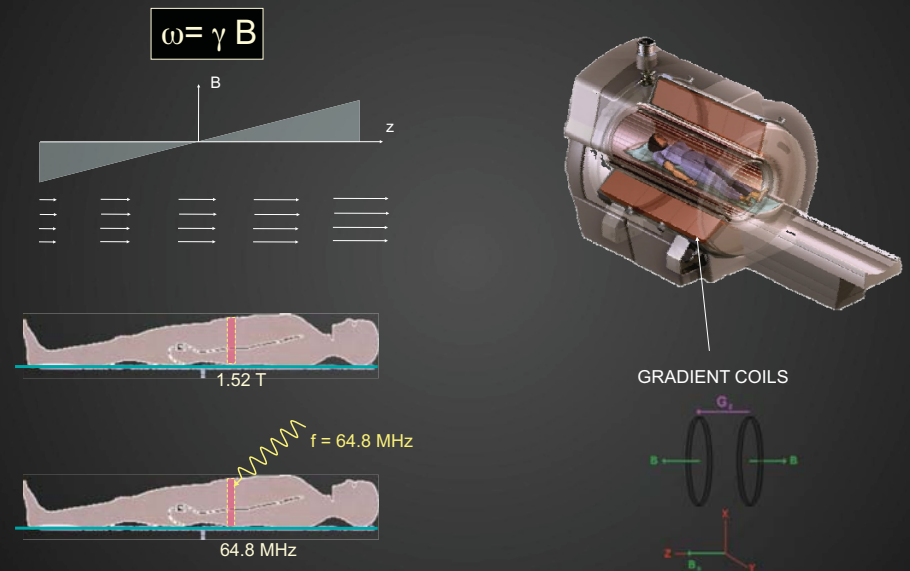
## SPATIAL ENCODING OF THE NMR SIGNAL: IMAGING GRADIENTS



## SPATIAL ENCODING OF THE NMR SIGNAL IS BASED ON FREQUENCY CHANGES IN THE PRECESSION



## SPATIAL ENCODING: SLICE SELECTION



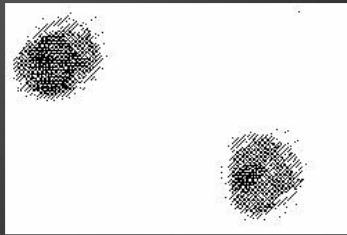
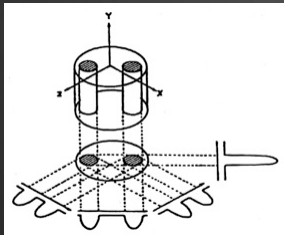
## NMR SCANNER WITH BACKPROJECTION



Paul Lauterbur, 1973  
Illinois



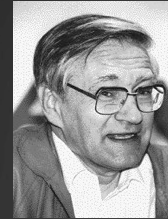
Peter Mansfield, 1973  
Nottingham



Nature 242, (1973), 190-191

Nobel prize for physiology and medicine (Lauterbur & Mansfield) in 2003

## NMR SCANNER WITH 2D FOURIER TRANSFORMATION



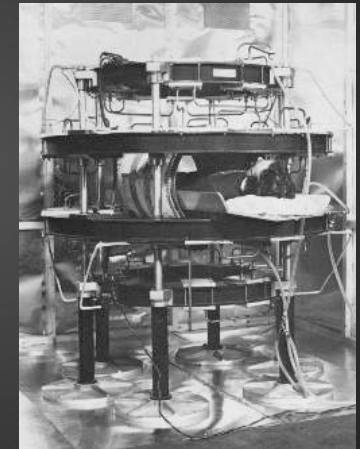
Richard Ernst, 1974  
Zürich

### NMR Fourier Zeugmatography

ANIL KUMAR, DIETER WELTI, AND RICHARD R. ERNST  
*Laboratorium für Physikalische Chemie, Eidgenössische Technische Hochschule,  
8006 Zürich, Switzerland*

Received August 2, 1974

A new technique of forming two- or three-dimensional images of a macroscopic sample by means of NMR is described. It is based on the application of a sequence of pulsed magnetic field gradients during a series of free induction decays. The image formation can be achieved by a straightforward two- or three-dimensional Fourier transformation. The method has the advantage of high sensitivity combined with experimental and computational simplicity.



Nobel price for chemistry in 1991

## The first MRI scanners ...



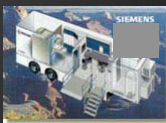
Interventional MRI unit



Open MRI unit

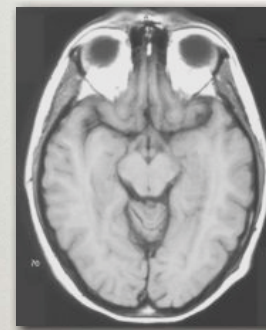


Mobile MRI unit

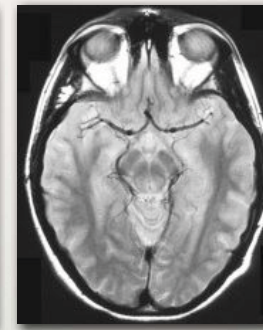


... and recent ones

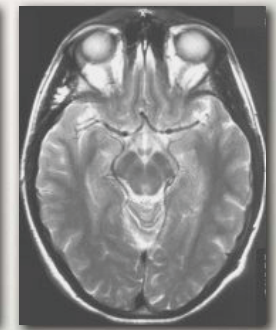
## MRI IMAGING: COLOR RESOLUTION (CONTRAST) BASED ON SPIN DENSITY AND RELAXATION TIMES



T1-weighting



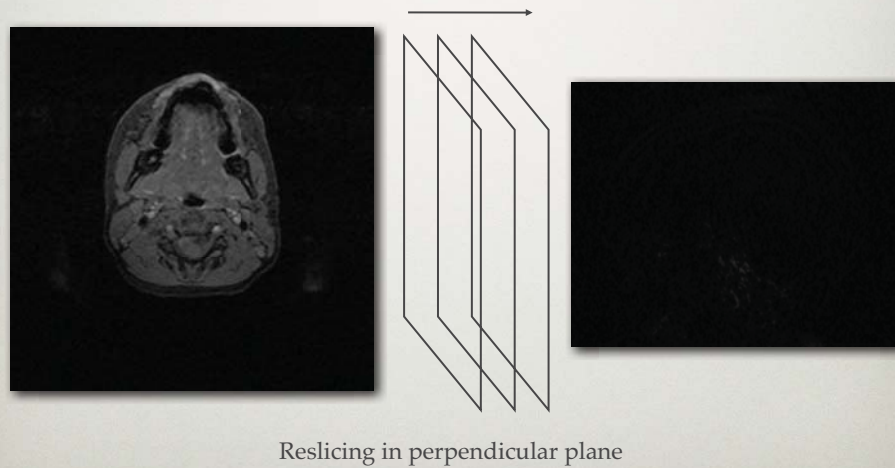
Proton density-  
weighting



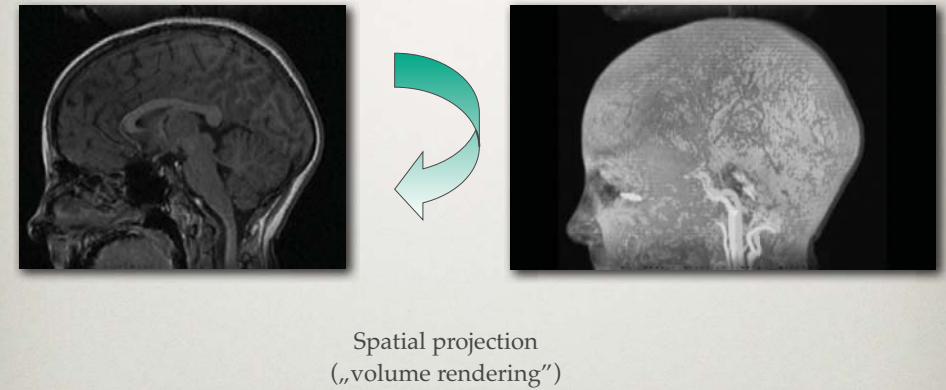
T2-weighting



## MRI: IMAGE MANIPULATION I



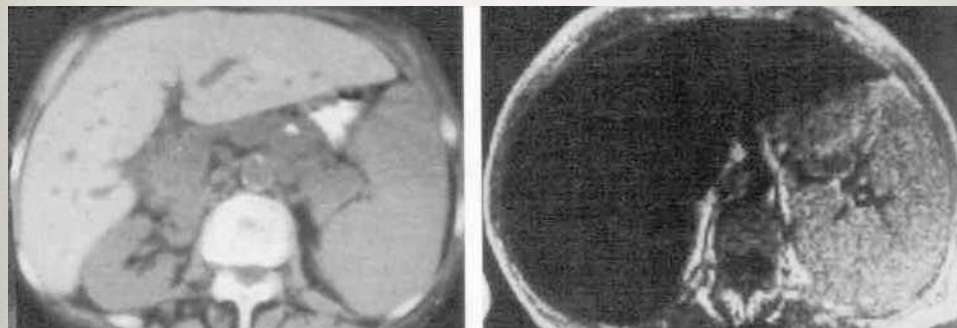
## MRI: IMAGE MANIPULATION II



## CONTRAST AGENTS

**Positive:** paramagnetic elements (T1 contrast): Gd, Mn

**Negative:** superparamagnetic, ferromagnetic (T2 contrast): FeIII, MnII



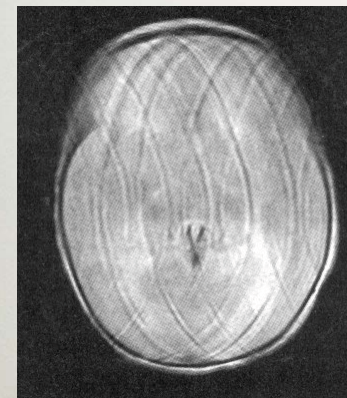
CT

*Haemochromatosis hepatis*

MR T2

## ARTIFACTS

- Motion
- Metals (implants, injury)



*Motion artifact*



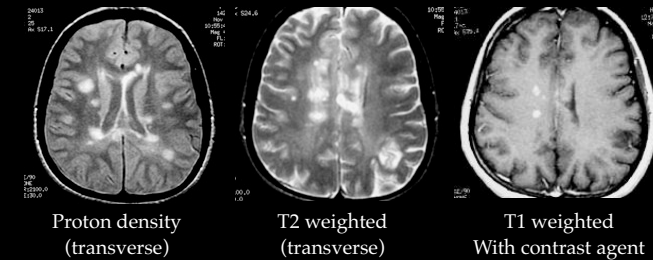
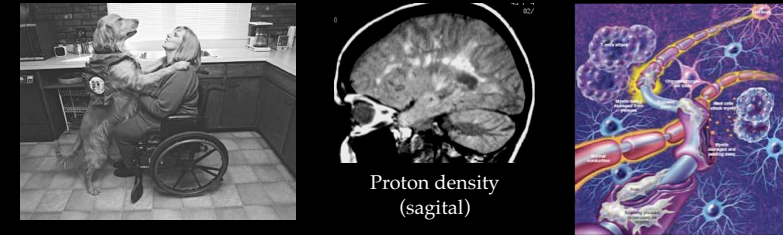
*Metal in the orbit of the eye*

# DANGERS, CONTRAINDICATIONS

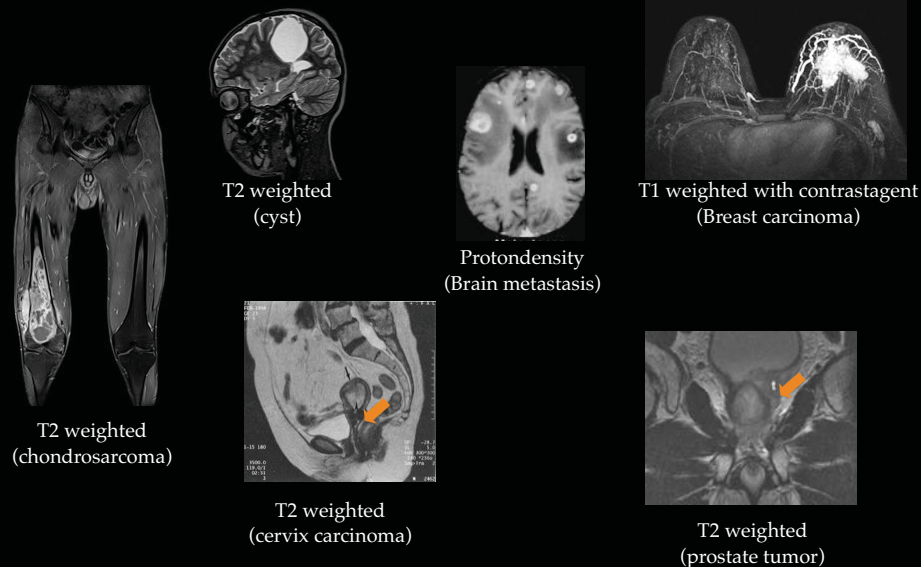
- Static magnetic field - metal objects  
**Contraindications:** implanted devices (pacemaker, defibrillator, hearing aids, drug delivery devices), neurostimulators, brain aneurysm clamps, early cardiac valve implants
- Gradient field - induced current
- Radio frequency field - thermal effects (lens, testis)



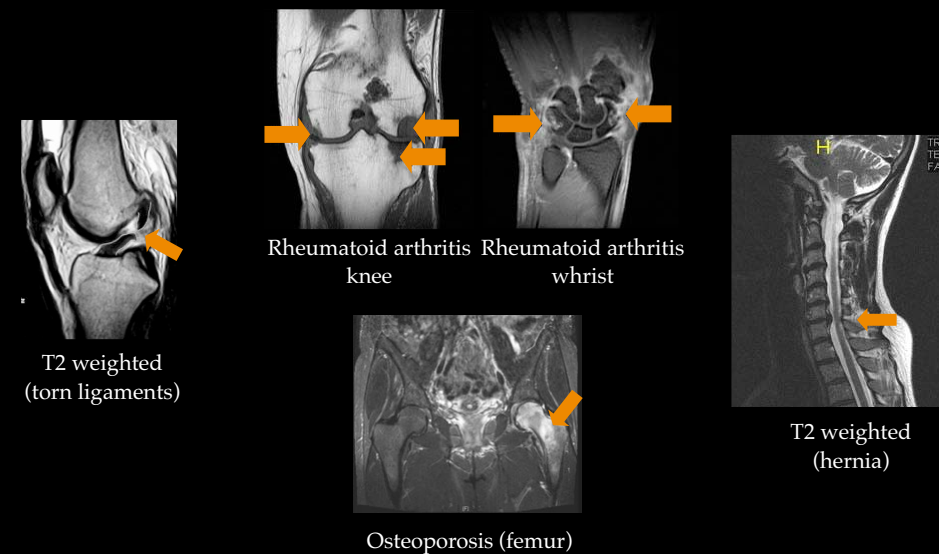
## ANATOMICAL IMAGING: MULTIPLE SCLEROSIS



## ANATOMICAL IMAGING: ONCOLOGY

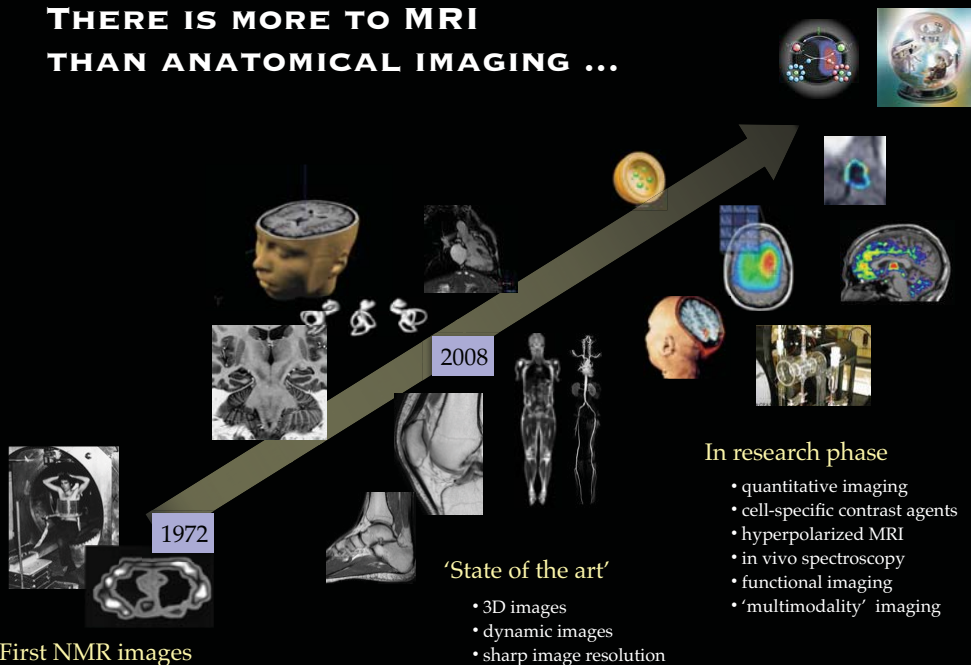


## ANATOMICAL IMAGING BONE AND SOFT TISSUE

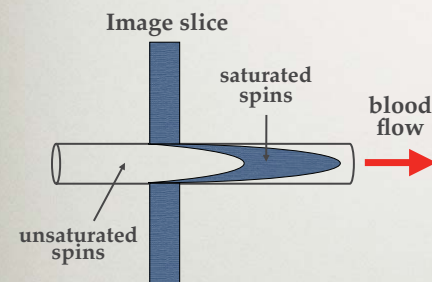




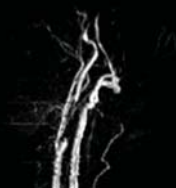
## THERE IS MORE TO MRI THAN ANATOMICAL IMAGING ...



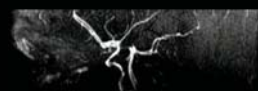
## MRI: NON-INVASIVE ANGIOGRAPHY



## MRI: NON-INVASIVE ANGIOGRAPHY



arteria carotis



Circulus arteriosus Willisii

## MRI MOVIE BASED ON HIGH TIME RESOLUTION IMAGES

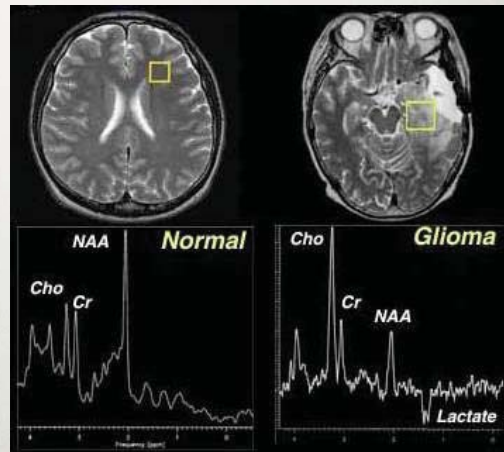


Opening and closing of aorta valve

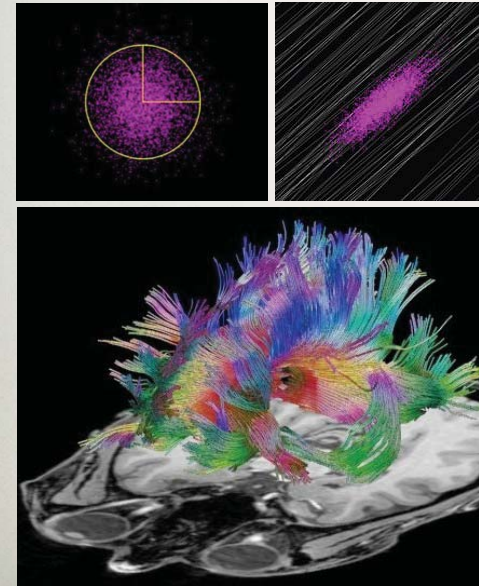


## MR SPEKTROSCOPY

- Chemical shift
- Identification of metabolites
- Tumor diagnostics



## DIFFUSION IMAGING



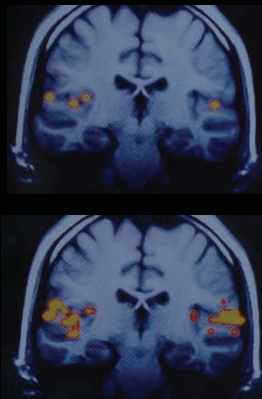
Anisotropic water diffusion: contrast

Imaging neural tracts: tractography

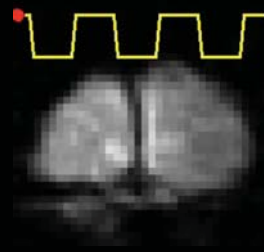
*Corpus callosum*

## FUNCTIONAL MRI (fMRI)

HIGH TIME RESOLUTION IMAGES RECORDED  
SYNCHRONOUSLY WITH PHYSIOLOGICAL PROCESSES



Activation in the acoustic cortex



Effect of light pulses on visual cortex

## SUPERPOSITION OF MRI ON OTHER INFORMATION (PET)



# **SUPERIMPOSED MRI AND PET SEQUENCE**

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PET activity: during eye movement  
Volume rendering