

**Preparation of myofibrils from glycerinated psoas muscle**Knight, P.J. & Trinick, J.A., (1982) *Methods Enzymol.* 85: 9**Number:****Buffers:**

Rigor buffer:

0.1 M KCl  
 2 mM MgCl<sub>2</sub>  
 1 mM EGTA  
 0.5 mM DTT (fresh)  
 10 mM K-phosphate  
 pH 7 (at 0°C)

**Vol: 1000 ml**  
 7.456 g  
 2 ml stock (1 M)  
 2 ml stok (0.5 M)  
 0.5 ml stock (1 M)  
 prepare from concentrated stock

Na-Rigor buffer:

0.1 M NaCl  
 2 mM MgCl<sub>2</sub>  
 1 mM EGTA  
 0.5 mM DTT (fresh)  
 10 mM K-phosphate  
 pH 7 (at 0°C)

**Vol: 1000 ml**  
 5.844 g  
 2 ml stock (1 M)  
 2 ml stok (0.5 M)  
 0.5 ml stock (1 M)  
 prepare from concentrated stock

**Steps:**

1. Tease muscle into fine fiber bundles
2. Soak bundles in rigor buffer for 1 hr (Rotorack in 15 ml Falcon tube)  
 Approximate muscle volume=            ml  
 Volume of added rigor buffer
3. Homogenize in 10 vol. rigor buffer (Ultra-Turrax on ice,  
 in 50 ml Falcon tube)
4. Sediment at 2000g for 5 min. (3000 rpm, Janetzky large rotor, 4 °C)  
 in 15 ml Falcon tube
5. Wash pellet in 10 vol. rigor buffer
6. Repeat steps 4-5 two to three times

**Measuring protein concentration:**

1. Centrifuge an aliquot of myofibrils and resuspend the pellet in Na-rigor buffer.
2. Dissolve suspension in warm 1% SDS.
3. Measure absorbance at 280 nm. Extinction coefficient: 0.7 ml/mg-cm.

**Storage:**

1. Sediment myofibrils from suspension by centrifugation.
2. Resuspend pellet with rigor buffer containing 50% glycerol.
3. Store at -20°C.